

Course Description

Course Information: The 5K begins near the Guntersville Recreation Center “Exit” (only) drive, continuing south along Sunset Drive, past tennis courts and restroom/parking lot, for approximately 1.5 miles. At that point, runners will take a right turn, at cones, onto the running trail. At parking lot area, run the loop portion, returning north on right side of trail, until they approach the restrooms/parking lot area, where they will exit running trail, taking a right at the parking lot area, following cones back onto Sunset Drive, past tennis courts to finish line area.

For information concerning this race, call the race directors: Erin Beasley 256-572-8837, Debbie Edwards 256-506-9216, Cathy Henry 256-582-8114, Shiley Kirkland 256-586-7394

Overall top Female and Male finisher will receive \$100.00 cash prize.

Awards (autographed copy of Crystal Meth: They Call it Ice) given to top female and male finishers in the following categories: 019, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+.

Top female and male finishers will receive a trophy and each “Fun Run” participant will receive a ribbon.

LOCATION AND TIME OF RACE

6:30-7:45 A.M. Sept 18, 2010. Race Day Registration at Guntersville Recreation Center in RSVP room

8:00 A.M. 5K Walk/Race begins

9:00 A.M. 1 Mile Fun Run

9:30 A. M. Awards Ceremony inside Recreation Center

Door prizes will be given away, but you must be present to win the door prizes.

The participants in the Walk/Run are encouraged to walk or run in memory or in honor of a loved one who has battled or is battling an addiction. This shows that you support the fight in the battle to recovery for addicts in Marshall County and all around America.

First Annual Run For Recovery Sept 18, 2010



► Guntersville, Alabama Recreation Center

- > **September is National Recovery Month**
- > **5 K run or walk for recovery from addiction**
- > **Course Certified by**
- > **Top Prize \$100 plus trophy and t-shirt**
- > **Register by Sept 1st for discounted rate**

Run For Recovery

Mothers Against Methamphetamine is a national non-profit headquartered in Marshall County Alabama. Our Mission is to glorify God by producing competent and compassionate drug education and rehabilitation resources that reflect the mercy of Jesus Christ for the addict, his family, and the community.

Local Programs include classes at Cedar Lodge, Christian Women’s Job Corp, Marshall County Drug Court, and area jails. We also work with drug endangered children through the Alabama Chapter of the National Drug Endangered Children’s Alliance and the Marshall County Child Policy Council. We have educational programs in all Marshall County schools and local libraries.

National Programs include a nationwide network of chapters replicating our work in their communities. We work with prison ministries and chaplains to educate inmates and addicts. We work with the Association of Gospel Rescue Missions, Salvation Army, and Teen Challenge providing training for their staff and course material. We also sponsor continuing education seminars for professionals both locally and across the nation.

Sponsorships are welcome. Your company or church may participate in our sponsorship program to enable a drug endangered child to go to summer camp, educate an inmate, or teach an 8th grade student about the dangers of drug abuse.

Platinum Sponsors \$500 or more will be recognized with your logo on the t-shirt, website, literature, and media advertising. Your banner that you provide will be displayed at the race site.

Gold Sponsors \$250 or more will be recognized with your logo on the t-shirt, website, literature, and media advertising.

Silver Sponsors \$100 or more will be recognized with your logo on the t-shirt, website and literature.

Bronze Sponsors \$50 or more will be recognized with your logo on the t-shirt and website.

Friends of MAMA \$25 or more will be recognized with your logo on the website.

Registration

A separate application/waiver must be completed on each participant

BE SURE TO REGISTER EARLY!!!!

The first 150 participants are guaranteed a T-shirt!

Please note that the weather is unpredictable and the race will only be cancelled under a weather emergency. No refunds or transfers.

THIS APPLICATION MUST BE SIGNED BY PARENT OR GUARDIAN IF PARTICIPANT IS UNDER AGE 19.

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ Email: _____

Gender: M F Age on 09-18-2010: _____

Check One: 5K 1 Mile Fun Run

Emergency Contact _____ Emergency contact phone _____

T- Shirt size (circle one) Small Medium Large X-Large XX-Large

I am walking or running in Memory of: _____

or in Honor of: _____

Accident Waiver and Release of Liability

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in a run event, including possible permanent disability or death, and agree to assume all of the risks. As a condition of my participation in Run for Recovery, I hereby waive any and all rights to claims for loss or damages, including all claims for loss or damages caused by the companies, or any individuals volunteering or supervising such activity. In addition, I agree to abide by and be governed by the rules set forth. Finally, I specifically acknowledge that I am aware of all the risks inherent in running and agree to assume those risks.

SIGNATURE: _____

DATE: _____

Pre-Registration Fee: \$15.00 each postmarked by September 1, 2010;

\$20.00 after September 1, 2010;

\$25.00 Race Day September 18th.

Mail entry form and check payable to MAMa, P.O. Box 8, Arab, Alabama 35016

Or call the office phone numbers-866-293-8901 or 256-498-6262 or register

online at www.mamasite.net to use a credit card.

As a non-profit agency, MAMA relies on donations for a significant amount of its budget. Any donation to Mama is tax deductible and greatly appreciated.

Amount of donation: _____